

Freeman Public Schools
415 Eighth Street
PO Box 259
Adams NE 68301-0259

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IMPORTANT ANNOUNCEMENTS

*****SKIP FLU CLINIC WILL BE ON TUESDAY, OCTOBER 2, 2018.**

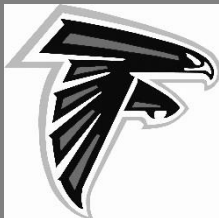
FEA SAYS “THANK YOU”

The Freeman Education Association would like to say THANK YOU for your support during our Back To School Picnic Fundraiser held on Open House Night in August. With your generosity we are able to provide a graduating senior with a scholarship and also help other students be successful at Freeman. FEA would also like to wish everyone a Great School Year!!!!

2017-2018 YEARBOOKS

Last year's 2017-2018 yearbooks have been distributed. If you think you ordered one, but did not receive a book, please contact Mrs. Kastanek at 402-988-2525 ext 142 or jkastanek@freemanschools.net. There are a few extra books available for sale (\$50) on a first come, first serve basis, if you missed ordering last year and still want a book. Please contact Mrs. Kastanek for more information.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 College Fair @ Beatrice 4:30pm Football- JH Southern @ Southern High School 5:00pm Softball-JV Cass County Central vs. Freeman @ Ash Grove Field 6:30pm Softball- Varsity Cass County Central vs. Freeman @ Ash Grove Field	2 FFA Fun Night 4:30pm Volleyball- JH Freeman vs. Johnson County Central @ Freeman High School 5:30pm Volleyball- G/Varsity (Rescheduled from 09-20-18) Johnson- Brock @ Johnson-Brock High School	3	4 TBD Softball-Varsity TBA vs. @ TBA PK-12 Picture Retake Day 5:00pm Volleyball-C Team Syracuse @ Syracuse High School 6:00pm Volleyball- G/JV Syracuse @ Syracuse High School 7:00pm Volleyball- G/Varsity Syracuse @ Syracuse High School	5 TBD Softball-Varsity @ Freeman 6:30pm PEP 7:00pm Football- Varsity Johnson County Central @ Freeman High School 9:00pm Homecoming Dance @ FHS - North HS Commons	6 Harvest of Harmony Parade @ Grand Island
7	8 TBD Volleyball- G/Varsity TBA vs. @ TBA 4:30pm Football- JH Conestoga Cougars @ Freeman High School 6:00pm Football- JV Syracuse High School @ Freeman High School, FHS - Athletic Stadium 7:30pm Board of Education Meeting @ Freeman Media Center	9 TBD Volleyball- G/Varsity TBA vs. @ TBA 4:00pm Volleyball- JH Palmyra @ Palmyra High School Auxiliary Gym 8:30pm-2:30pm Fall Photo Day @ FHS - North Gym	10 TBD Softball- Varsity Hastings vs. @ Hastings 8:15am PSAT Testing	11 TBD Volleyball- G/Varsity TBA vs. @ TBA TBD Softball- Varsity Hastings vs. @ Hastings	12 TBD Softball- Varsity Hastings vs. @ Hastings 7:00pm Football- Varsity Syracuse High School @ Syracuse High School	13
14	15 No School - Staff In- Service 6:00pm Football- JV Johnson County Central vs. Freeman @ Johnson County Central High School	16 TBD Volleyball- G/Varsity Elmwood- Murdock @ Elmwood- Murdock	17 FFA Pancake Feed 8:00am-4:00pm Author' Visit @ Freeman Media Center	18 Volleyball Parents Night @ FHS - North Gym Volleyball-C Team (Cancelled) @ Freeman High School 5:30pm Volleyball- G/JV Louisville @ Freeman High School 6:30pm Volleyball- G/Varsity Louisville@ Freeman High School	19 Football Parents Night @ FHS - Athletic Stadium Parent's Night 6:30pm PEP 7:00pm Football- Varsity Conestoga Cougars @ Freeman High School	20
21	22 Start Q2 FFA National Convention @ Indianapolis, IN 4:00pm-8:00pm Parent- Teacher Conferences	23 FFA National Convention @ Indianapolis, IN 5:00pm Volleyball- G/Varsity Auburn vs. Multiple Schools @ Auburn Senior High School	24 HS Vocal Fall Pop Concert FFA National Convention @ Indianapolis, IN	25 FFA National Convention @ Indianapolis, IN 4:00pm-8:00pm Parent- Teacher Conferences	26 TBD Football- Varsity TBA @ Freeman No School FFA National Convention @ Indianapolis, IN	27 FFA National Convention @ Indianapolis, IN ACT Test Date Doane Fall Festival of Winds (HS) @ Doane College
28	29 TBD Volleyball- G/Varsity TBA vs. TBA @ Auburn Senior High School	30	31			



DANIEL FREEMAN PUBLIC SCHOOLS

Freeman Public Schools will collaboratively engage a community of learners so that students will become productive, respectful, and responsible citizens.

FROM THE SUPERINTENDENT, MR. RANDY PAGE

October 2018

No School Days

October 15
October 26
November 2
November 21-23
December 24-31
January 1-4
February 15
March 8
March 15
March 29
April 1
April 19
April 22

Early Dismissal

December 21
January 24
May 20

415 8th Street
PO Box 259
Adams, NE 68301

Phone:
402.988-2525

Fax:
402.988-3475

Keeping Up with the Changes

In 2018, our world moves quickly! This may be understating the obvious, as we all know that our worlds move at a lightning pace from day to day and week to week. Between the demands of school or work, the pace at which technology provides information or entertainment, and the personal schedules people choose to take on with family create demands that can leave all of us wondering where time goes.

Freeman Public Schools may not have all the answers to juggling life and finding success but we would like to offer an opportunity to sit down and discuss cell phones. Certainly, cell phones create many positive opportunities for our young people in terms of accessing parents, friends, and information. Cell phones also create a management issue for young people with regard to choices that must be made on a daily basis centered on how to use this powerful device. Freeman Public Schools is inviting all patrons to an open informational meeting where the topic will be cell phones; their uses, applications the school sees kids using with frequency, and strategies for promoting safety for young adults regarding the use of cell phones. Please see the flyer within the monthly newsletter for further information with regards to this meeting.

The playground project is getting close to completion, weather permitting. The plan is for the new space to be accessible for children by mid-October. Look for additional information on this topic in the coming weeks.

Thank you for getting out and supporting our student-athletes this fall! Our young people are working hard and putting in extra time to maximize themselves and their opportunities. It means a great deal to our kids and our coaches when they see and hear the support from our crowds! Go Falcons!

Mr. Page, Superintendent

BOARD OF EDUCATION REGULAR MEETING

1. Opening Procedures

1.1. Call meeting to order

1.2. Roll Call

Motion to excuse absent board member Schoen passed with a motion by Chad Harms and a second by Doug Parde. Yea Yea: 5, Nay: 0, Absent: 1

1.3. Acknowledge meeting notice and announcement

1.4. Approve agenda

Motion to approve agenda as presented passed with a motion by Doug Parde and a second by Marcella Rademacher. Yea: 5, Nay: 0, Absent: 1

1.5. Communication from the Public

Max Gramann presented the 2018-19 Nationwide insurance review.

Mark Gronewold requested a listing of responsibilities and legal obligations for the board of education, administration and staff.

Lisa Riha and Lisa Delhay presented PBIS program information.

A motion was made to enter executive session at 7:36 p.m. for the protection of public interest to discuss a district legal update passed with a motion by Anthony Meints and a second by Mike Klein. Yea: 6, Nay: 0, Absent: 0

A motion was made to exit executive session at 7:50 p.m. passed with a motion by Mike Klein and a second by Marcella Rademacher. Yea: 6, Nay: 0, Absent: 0

1.6. Approval of Consent Agenda

Motion to approve the consent agenda including minutes of the previous meeting and claims in the amount of \$566,300.11 passed with a motion by Doug Parde and a second by Myron Schoen.

Chad Harms: Absent, Mike Klein: Yea, Anthony Meints: Yea, Doug Parde: Yea, Marcella

Rademacher: Yea, Myron Schoen: Yea Yea: 5, Nay: 0, Absent: 1

Commendations were extended to the Freeman FFA for their produce contributions in excess of 4000 pounds from the community garden and to the Volleyball team for their Runner Up finish at the Freeman Invite.

1.7. Items Removed From the Consent Agenda

2. Discussion Items

1. Student cell phone support general skills training
2. Playground
3. Board meeting dates this fall--October 8 @ 7:30 p.m.
4. Area membership meeting in Nebraska City
5. COOPing Options
6. Board self-evaluation
7. Superintendent Goals update
8. State school board convention

3. Matters Requiring Board Action

3.1. Consideration and possible action to accept and approve the proposed budget for the 2018-2019 school year as presented. Motion to approve the proposed budget for the 2018-2019 school year as presented passed with a motion by Mike Klein and a second by Marcella Rademacher. Chad Harms: Absent, Mike Klein: Yea, Anthony Meints: Yea, Doug Parde: Yea, Marcella Rademacher: Yea, Myron Schoen: Yea Yea:

3.2. Consideration and possible action to approve the 2018-2019 proposed levy as presented. Motion to approve the 2018-2019 proposed levy as presented passed with a motion by Myron Schoen and a second by Doug Parde. Chad Harms: Absent, Mike Klein: Yea, Anthony Meints: Yea, Doug Parde: Yea, Marcella Rademacher: Yea, Myron Schoen: Yea Yea: 5, Nay: 0, Absent: 1

3.3. Consideration and possible action to approve the presented insurance package as presented by Nationwide for the 2018-2019 school year. Motion to approve the insurance package as presented by Nationwide for the 2018-2019 school year passed with a motion by Mike Klein and a second by Myron Schoen. Chad Harms: Absent, Mike Klein: Yea, Anthony Meints: Yea, Doug Parde: Yea, Marcella Rademacher: Yea, Myron Schoen: Yea Yea: 5, Nay: 0, Absent: 1

3.4. Consideration and possible action to update and approve policies 3031-3040 as presented. Motion to update and approve policies 3030-3040 as presented passed with a motion by Marcella Rademacher and a second by Doug Parde. Chad Harms: Absent, Mike Klein: Yea, Anthony Meints: Yea, Doug Parde: Yea, Marcella Rademacher: Yea, Myron Schoen: Yea Yea: 5, Nay: 0, Absent: 1

4. Reports

4.1. Administrative Reports

Mr. Page reported on the school website.

Mrs. Sieh reported that Grandparents Day will be hosted on Friday, September 21.

4.2. Technology

Mr. Delhay reported on the website, inventory, and voice over i/p installation.

4.3. Assessments

4.4. School Improvement

Mrs. Nieveen reported that the external visit is scheduled for November 26 & 27 and discussed information regarding community service hours.

4.5. Facilities

Mr. Page reported on long-term planning and school day maintenance/custodial additional hours.

4.6. Transportation

4.7. Negotiations

4.8. Extra Curricular

4.9. Board of Education

4.2. Announcements Next regular meeting: Monday, October 8, 2018 7:30 p.m.

5. Adjournment

Motion to adjourn at 9:32 passed with a motion by Myron Schoen and a second by Mike Klein. Chad Harms: Absent, Mike Klein: Yea, Anthony Meints: Yea, Doug Parde: Yea, Marcella Rademacher: Yea, Myron Schoen: Yea Yea: 5, Nay: 0, Absent: 1

HOW DO I SIGN UP FOR CANVAS AS A PARENT?

Parents (Observers) can link their Canvas account to their student's account so they can see assignment due dates, announcements, and other course content.

Freeman has provided self-registration on their Canvas URL login page. Remember, Observers can view the course content but cannot participate in the course.

Notes: Observers will create a Canvas account using the institution's Canvas URL.

<https://freemanpublicschools.instructure.com/login/canvas>
Click "Parent of a Canvas User?" at the top right of the screen. To observe a student, you must know the student's Canvas username and password.

The student must be enrolled in the course and must accept the course invitation before you can sign up to observe the student. If you receive an invalid username or password message during the signup process and the student's credentials are correct, check with the student to verify that he or she has received and accepted the course invitation.

Observers may be able to view student information through the Canvas Parent app, though Canvas Parent accounts are separate from web accounts created in Canvas.

FFA NEWS

It's been a very busy month for the FFA chapter! Nine FFA members exhibited livestock or vegetables at the State Fair in Grand Island over Labor Day weekend. These individuals were Rachel and Sarah Buehler, Kyle and Kaitlyn Otto, Travis and Trevor Pickard, Chase Meints, Trenn Hoffman-Ideus, and Jayden Hartwig. Congratulations to all of these students for their hard work and success!

On September 12th, twenty-nine high school members made the annual trip to Husker Harvest Days in Grand

Island. This was a great opportunity to visit with professionals in the agriculture industry and colleges, pick up free items, and check out the newest equipment and technology in the agriculture industry.

On September 17th, the FFA chapter traveled to Conestoga High School for the district EDGE Conference led by the Nebraska State FFA Officer team. Students participated in workshops focused on FFA opportunities, leadership development, and chapter leadership development. The officers also were trained to participate in the Connecting Chapters program, which provides them curriculum to conduct ag literacy activities with elementary classes.

On September 21st, students hosted the FFA petting zoo for the elementary classes. Twenty-six students brought in their animals, including dogs, cats, sheep, goats, chickens, cattle, bunnies, and pigs, among others.

Upcoming events include the pancake feed on October 17th and National FFA Convention in Indianapolis on October 23-27th. At National Convention, Sarah Buehler will receive her American FFA Degree, which is the highest degree to be bestowed on an FFA member in their FFA career.



JUNIOR HIGH FOOTBALL



The Freeman Falcon junior high football season got off to a great start with a 36-22 victory over the Palmyra Panthers at home on Monday, September 10th. The Falcons got the scoring started on their first drive of the game with a 36-yard touchdown run by quarterback Carter Ruse. The PAT came up short, leaving the Falcons with a 6-0 lead. After a great defensive stand, the offense got the ball back and scored their second touchdown of the game with an 11-yard touchdown run by Brandon Jurgens. The PAT run by Ruse was good, extending the Falcon advantage to 14-0. The second quarter brought more stellar defensive play led by the run stopping efforts of Nate Eisenbarth and Trevor Parde. The Falcons turned the ball over on their next two drives of the game, but the defense continued to swarm to the football, with continued great efforts by Brandon Jurgens, Carter Ruse and Carter Niles. The offense put one last drive together to end the half. A couple of completions from Ruse to Niles moved the ball down to the 16-yard line, where Ruse then ran for a 16-yard touchdown with :48 seconds left in the half. Brandon Jurgens converted the PAT run with great lead blocking from Wyatt Buss and Camden Behrens to send the Falcons to a 22-0 halftime advantage.

The defense continued their excellent play in the third quarter. Taylan Vetrovsky, Wyatt Buss, Camden Behrens, Gabe Goes, Hayden Jennings, Connor Harms and Kellen Anderson got in on the tackling fun to keep the Panthers at bay. An 18-yard touchdown pass from Carter Ruse to Carter Niles, followed by a PAT pass with the same connection gave the home team a 30-0 lead. Brandon Jurgens capped the scoring for the Falcons with a 39-yard touchdown run in the 3rd quarter. The PAT pass from Vetrovsky to Jennings came up short to end the Falcons scoring at 36-0. The Panthers got on the board 3 times in the 4th quarter against our youngest Falcons, who were getting their first taste of junior high football. Even though we gave up some points, it was a good learning experience and will be a great teaching opportunity for the coaches as we move forward in our season.

The Freeman junior high football team improved to 2-0 on the season by defeating the Johnson County Central Thunderbirds 56-14 at home on Thursday, September 13, 2018. The Falcons scored early and often in the first quarter, led by excellent blocking on the

offensive line. The offense started the scoring with an 8-yard touchdown run by Taylan Vetrovsky and 2-point PAT run by Carter Ruse. After a second consecutive three and out by the defense, Ruse completed a 14-yard touchdown pass to Carter Niles. With a failed PAT pass, the Falcons kicked off again with a 14-0 advantage. Falcon offense used a combination of pass and run to score for the third time in the quarter. Vetrovsky capped the drive with a 14-yard touchdown run, followed by another successful PAT rushing attempt by Ruse to open a 22-0 lead at the end of the quarter.

The aggressive Falcon squad extended their lead with a 52 yard rushing touchdown by Ruse, who followed with a rushing PAT attempt for a 30-0 advantage in the 2nd quarter. The Falcons got on the board two more times in the opening half, with a 5-yard touchdown run by Ruse and a Gabe Goes 11-yard touchdown run. Both PAT attempts failed. The Thunderbirds got on the board with a 30-yard touchdown pass and successful PAT run to make the halftime score 42-8.

The Thunderbirds brought the opening kickoff of the second half back for a touchdown to close the gap to 42-14. Freeman answered with a 38-yard touchdown run by Vetrovsky. After the failed PAT attempt, the score stood at 48-14. The Falcon defense dominated the game all afternoon and with 6 minutes to go in the 4th quarter, Nate Eisenbarth recorded a safety to extend the score to 50-14. As the Thunderbirds punted after the safety, Vetrovsky scored for the Falcons, returning the punt 55 yards for a touchdown, closing the scoring at 56-14.

FREEMAN'S EXTERNAL STATE VISIT IS SET

Staff and Community CIP members have been working diligently to prepare for our state external visit, which will be November 26th & 27th. A team of educators from outside of our district, coordinated with the Nebraska Department of Education, will review data and information our committees have compiled from the past five years. It is an opportunity to look at how well we are working towards and accomplishing our school goals.

There are also five standards that are being reviewed by committees comprised of staff and community members. The standards are: Purpose & Direction, Governance & Leadership, Teaching & Assessing for Learning, Resources & Support Systems, and Using Results for Continuous Improvement. The findings will be presented to the external team.

Freeman's school goals are: All students will improve their reading comprehension and vocabulary skills across the curriculum. All students will increase their respect for other students, adults, and property. All students and staff will utilize technology to improve learning and instruction across the curriculum.

Be a Flu Fighter!

Public Health Solutions would like to encourage everyone to help become a Flu Fighter. When more people get the flu shot, many less people will become sick with the flu and so there will be less people spreading influenza to others. This is especially important if you are around babies or the elderly. Most healthy school age children may not experience complications to flu, but could risk exposing an elderly grandparent or baby brother/sister to the virus. The elderly and infants under 6 months of age are at a greater risk to have serious complications.

We do plan on following the State’s procedure of only having injectable vaccine. This means no flu mist will be available. Please be certain to talk to your child so they are aware that they will be getting the shot again this year. Public Health Solutions District Health Department will again be offering flu immunization clinics for students at your school. Prior to the start of clinics, students will bring home consent forms and fact sheets explaining the importance of getting the flu immunization. As parents or guardians, you are encouraged to read the information carefully, complete and sign the consent form and send it back to school with your student.

One lucky student will be a double winner! Not only will they have received protection against the flu by getting a flu shot they will also be entered into a drawing. Public Health Solutions will enter all students who return a completed permission form AND get the flu shot the day of the school clinic into a drawing for a \$25.00 gift card. One lucky name from each school district will be drawn at the end of the school clinic day.

Public Health Solutions District Health Department will be at your school on October 2, 2018.

For more information, contact your school health office, or Public Health Solutions at 402-826-3880.

Elementary Basketball Association

Commissioners: Jim McLaughlin and Kristin Kroeker

For all 3rd, 4th, 5th, and 6th grade students who are interested in learning the fundamentals of basketball in a team oriented atmosphere. The EBA season will complement the other leagues or teams that your son/daughter may be a part of. We will teach them basic ball handling, advanced ball handling, individual scoring moves, and shooting form and workouts that they can do on their own to help improve their skill level, therefore enhancing their overall game.

When: On Saturday mornings, beginning Oct. 20th and ending on Dec 8th. (NO EBA Nov. 24th)

The Oct. 20th and Oct. 27th skill sessions will be one hour and fifteen minutes going from 8:00-9:15 am.

A schedule of the games will be handed out after each student has been placed on a team. After the first two weeks EBA will go from 8-10am.

Concepts:

- This is viewed as a developmental league focused on the development of the player.
- 6-7 Members per team, depending upon numbers. All games will be 4 on 4 to improve spacing and emphasize fundamental skills.
- Teams will be coed to increase the number of teams.
- Teams will be divided 3rd/4th and 5th/6th
- 2-3 high school basketball players will coach each team.
- No full-court pressing except for the last minute of the game. No zone defense.
- Each game will consist of four quarters with the clock stopping the last minute of each half.

Cost: The cost of the league will be \$30. Checks can be made payable to Freeman EBA.

Concerns: -Other youth basketball leagues should not interfere with EBA.
- Please let me know in advance if your son/daughter cannot make it to a practice/game. There will be enough players on each team to make-up for a player missing.

-----**Detach and send back with your child by Oct. 12th**-----

Student Name _____

Grade _____ T-Shirt Size (Circle) - YM YL AS AM AL AXL

_____ Please sign my son/daughter up for EBA

_____ I would be interested in learning more about having my son/daughter participate

Parent _____ Phone # _____

FREEMAN CLASS PHOTO AND YEARBOOK ORDER FORM

The yearbook staff is now taking orders for class photos and 2018-2019 yearbooks. Class photos will be taken by Anderson Studios on **Tuesday, October 9**. Orders for class photos are due no later than October 9. If you wish to purchase a yearbook this year, you may do so on this form. You may complete a separate form for each child in the family and submit only one check for all orders of the family. Please note on the memo line of the check what the payment is for. Example: 2 class photos, 1 yearbook. Forms should be turned into Mrs. Kastanek. Please submit the order form with the payment.

Contact Mrs. Kastanek (402) 988-2525 ext. 142 or jkastanek@freemanschools.net with any questions.

Deadline for class photo orders is OCTOBER 9.

(No late orders accepted)

Deadline for yearbook orders is MAY 1, 2019.

Yearbooks ordered after December 31, 2018 will be \$50. NO name stamp is available after December 31.

.....
Student Name _____ Grade _____

Number of Class photos (5 X 7) at \$10 each _____
(specify grade or team)

Number of Yearbooks at \$45 each _____

Name Stamp (for yearbook) OPTIONAL \$5 _____

TOTAL amount submitted: _____

THE HOMECOMING COMMITTEE WOULD LIKE TO INVITE YOU TO PARTICIPATE IN THE HOMECOMING PARADE, IN ADAMS, ON FRIDAY, OCTOBER 5TH, AT 5:30 PM. THIS YEAR, MARY GRAMANN IS STEPPING DOWN AS THE COORDINATOR FOR THE PARADE. LISA RIHA, AIMEE PARDE, SAMMIE GARTON AND KRISTIN KROEKER ARE A PART OF THE NEW HOMECOMING COMMITTEE. IF YOU WOULD LIKE TO HAVE YOUR ORGANIZATION OR TEAM PARTICIPATE IN THE PARADE PLEASE CONTACT ONE OF US. FREEMAN WILL BE PLAYING JOHNSON COUNTY CENTRAL.

Lisa Riha: Iriha@freemanschools.net
 Aimee Parde: aparde@freemanschools.net
 Sammie Garton: sammie.garton@freemanschools.net
 Kristin Kroeker: kristin.kroeker@freemanschools.net

Go Falcons!

FREEMAN PUBLIC SCHOOL
MUSIC BOOSTERS

**SLOPPY JOE
DINNER**



Friday, October 5th
\$5.00

sloppy joe sandwich or hotdog
chips
cookie or brownie
tea or water

Serving immediately following
Homecoming parade to 7:00 PM
High School Commons/Lunch Room.

AUTHOR BRUCE ARANT TO VISIT FREEMAN

On October 17, Nebraska author/illustrator Bruce Arant will be spending the day at Freeman. Arant, a resident of Omaha, is an illustrator who has now published two of his own books that he both wrote and illustrated. Arant will be spending the entire day with our elementary students, leading them in writing and illustrating workshops. We are excited to experience these hands-on workshops! The community is always welcome to attend any of the workshops which will be held in the Freeman Media Center. Arant will have his books available for purchase for \$15 each. We are grateful for the grant provided by The Hevelone Center that pays the author fee, and to the Freeman PTO for covering the author expenses

Schedule for the day:

- 8:30 Kindergarten/Preschool
- 9:30 First Grade
- 10:30 Third Grade
- 11:30 Lunch
- 12:10 Second Grade
- 1:10 Fourth Grade
- 2:10 Fifth and Sixth Grade
- 3:30 Reception with teachers and PTO

JUNIORS, RESERVE APRIL 2ND ON YOUR CALENDARS!

All juniors will be taking the ACT on Tuesday, April 2, 2019. This is a state requirement; the ACT is the state test for juniors. Students are not to schedule appointments or college visits on this date. This is the date designated by Nebraska and ACT to take the paper/pencil form of the ACT, and there is only one makeup date, April 24. Every junior is required by the state to take the ACT, with no chance of avoiding it. Freeman Public Schools will be the host testing site for our students. So, Juniors, keep April 2nd open! More details will be coming.

FREEMAN PUBLIC SCHOOLS

PRESENTS:

Cell/Smart Phone Basics:

Usage, Safety, and Instruction

A conversation and presentation involving promoting safety for those using digital media and social media.

Wednesday, October 17th

7:00PM

Freeman Media Center



FOLLOW FREEMAN STRENGTHS ON SOCIAL MEDIA!

Keep up with the strengths movement at Freeman by following our brand new social media accounts on Instagram, Twitter, Snapchat, and Facebook. Search **freemanstrength** to connect with our accounts on Instagram, Twitter, and Snapchat and **Freeman Strengths** to connect with our Facebook group. We are posting information about the strengths of the week at Freeman, strengths in action amongst our students and staff, and other exciting happenings at Freeman! As always, follow #freemanstrengths to see what students and staff have been promoting as well!

TEAMMATES KICKS OFF THE NEW YEAR



The Freeman chapter of TeamMates kicked off its sixth school year with root beer floats before the first football game. Approximately 80 mentors and mentees gathered together to

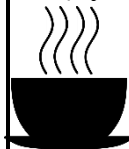
enjoy the floats provided by the TeamMates of Freeman board of directors and to get reacquainted for the new year. It was also an opportunity to set up meeting times for the school year.

We are also excited to announce our new coordinator, Danelle Evers. Mrs. Evers is a teacher at Freeman and will be working alongside Mrs. Nieveen.

Freeman is starting the year with 53 matches. There are still a dozen students looking for an adult to meet with once a week. Meetings occur during the school day and are around thirty minutes long. Please consider becoming a mentor! Go to www.TeamMates.org to apply or contact Mrs. Evers or Mrs. Nieveen at the school.

Suzy's Sweets & More

2nd annual Soup season kick-off!



Freeman High School cafeteria

Tuesday, October 2

4 - 7 p.m.

Freewill donation soup tasting to benefit
TeamMates of Freeman
Mentoring Program

Come support a great program in our
community and try some good soup! Quarts
of soup available for purchase, too!

Quarts = \$6.50 each

MENUS

		<u>Breakfast</u>	<u>Lunch</u>
<u>October 1-5</u>	Monday:	French Toast	Hamburger, Bun, Baked Beans, Vegetables, Fruit
	Tuesday:	Pancakes	Sub Sandwich, Chips , Vegetables, Fruit
	Wednesday:	Breakfast Pizza	Chili Dog, Bun, Vegetables, Fruit
	Thursday:	Donuts	BBQ Pork, Bun, Potato Wedges, Vegetables, Fruit
	Friday:	Omelet	Pizza, Corn Vegetables, Fruit
<u>October 8-12</u>	Monday:	French Toast	Taco, Refried Beans, Rice, Vegetables, Fruit
	Tuesday:	Muffin	Pork Patty, Bun, Potato Wedge, Vegetables, Fruit
	Wednesday:	Pancakes	Spaghetti & Meat sauce, Breadstick, Vegetables, Fruit
	Thursday:	Sausage & Biscuit	Mandarin Chicken, Rice, Broccoli, Vegetables, Fruit
	Friday:	Omelet	Fiestada, Corn, Vegetables, Fruit
<u>October 15-19</u>	Monday:	NO SCHOOL	
	Tuesday:	French Toast	Hamburger, Bun, Baked Beans, Vegetables, Fruit
	Wednesday:	Pancakes	Chicken Patty, Mashed Potato, Gravy, bread & butter, Fruit
	Thursday:	Omelet	Corn Dog, Broccoli, Vegetables, Fruit,
	Friday:	Sausage gravy & Biscuit	Pizza, Corn, Vegetables, Fruit
<u>October 22-26</u>	Monday:	French Toast	BBQ Meatballs, Mac-n-Cheese, Vegetables, Fruit, Roll
	Tuesday:	Pancakes	Country Fried Steak, Mashed Potato, Gravy, Fruit
	Wednesday:	Muffin	Spaghetti & Meat sauce, Breadstick, Vegetables, Fruit
	Thursday:	Donuts	Chicken Noodle Soup, Ham & Cheese Sandwich, Peas, Fruit
	Friday:	NO SCHOOL	
<u>October 29-31</u>	Monday:	French Toast	Sloppy Joes, Bun, Broccoli, Vegetables, Fruit
	Tuesday:	Muffin	Chili or Veg. Beef Soup, PBJ, Vegetables, Fruit
	Wednesday:	Pancakes	Mummy Dogs, Boo Beans, Spooky Vegetables, & Fruit

TOTAL MONTHLY COST

	Days	Price	Total
K-6 Lunches:	21	\$2.75	\$57.75
7-12 Lunches	21	\$3.05	\$64.05
K-12 Reduced Lunch:	21	\$0.40	\$8.40
K-12 Breakfast:	21	\$1.75	\$36.75
K-12 Reduced Breakfast:	21	\$0.30	\$6.30
K-2 Afternoon Milk	21	\$0.35	\$7.35



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