

# [Malcolm Public Schools

## COVID-19 Athletics Plan

As of August 20, 2020

### Practices being followed by coaches and student athletes at Malcolm Public Schools:

- Temperature checks before entering the building, again before entering the locker room, and before getting on buses for departure.
- Equipment (Helmets, Gloves, etc.) is not shared and is used by one individual for the entire season
- Equipment is being disinfected daily.
- Scores tables are limited to required personnel only.
- All team benches are limited to players, coaches, trainer, and team managers.
- **Masks are required for players, coaches, fans, etc at all volleyball games.**

#### **Important note for visiting teams and visiting fans regardless of the sport:**

- Visiting teams should supply their own balls for warmups
- We ask that opposing teams / fans self monitor prior to arrival. Please do not attend if you feel ill or are suffering from any of the Covid-19 symptoms released by the CDC.

\*\* A village waiver is required to be signed for all players and coaches who will play at the city ball fields\*\*

| COVID – Green        | Athletes / Coaches   | Fans / Patrons   |
|----------------------|--|--|
| <b>Cross Country</b> | <ul style="list-style-type: none"> <li>● Normal</li> <li>● Recommendations by LLCHD may be followed</li> </ul>   | <ul style="list-style-type: none"> <li>● Normal</li> <li>● Recommendations by LLCHD may be followed</li> </ul>   |
| <b>Football</b>      | <ul style="list-style-type: none"> <li>● Normal</li> <li>● Recommendations by LLCHD may be followed</li> </ul>   | <ul style="list-style-type: none"> <li>● Normal</li> <li>● Recommendations by LLCHD may be followed</li> </ul>   |
| <b>Softball</b>      | <ul style="list-style-type: none"> <li>● Normal</li> <li>● Recommendations by LLCHD may be followed</li> </ul>   | <ul style="list-style-type: none"> <li>● Normal</li> <li>● Recommendations by LLCHD may be followed</li> </ul>   |
| <b>Volleyball</b>    | <ul style="list-style-type: none"> <li>● Normal</li> <li>● Recommendations by LLCHD may be followed</li> </ul>   | <ul style="list-style-type: none"> <li>● Normal</li> <li>● Recommendations by LLCHD may be followed</li> </ul>   |
| COVID – Yellow       | Athletes / Coaches   | Fans / Patrons   |
| <b>Cross Country</b> | <ul style="list-style-type: none"> <li>● Social Distancing Required                             <ul style="list-style-type: none"> <li>▪ At restroom facilities</li> <li>▪ In the designated parking areas</li> </ul> </li> <li>● Wear face covering whenever possible</li> <li>● Course may be widened to provide social distancing during the event</li> <li>● Staggered start may be used with electronic timing</li> </ul> | <ul style="list-style-type: none"> <li>● Social Distancing Encouraged                             <ul style="list-style-type: none"> <li>▪ Along the course</li> <li>▪ At restroom facilities</li> <li>▪ In the designated parking areas</li> </ul> </li> <li>● Masks suggested when social distancing unattainable.</li> <li>● Gathering at the start / finish areas<br/>Not permitted</li> </ul> |

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|                 | <ul style="list-style-type: none"> <li>● Individual water bottles required and not to be shared.</li> <li>● Coaches meeting will require only 1 representative from each school.</li> <li>● Locker rooms available upon request with team members limited to designated areas of the school</li> </ul>   |   |
| <b>Football</b> | <ul style="list-style-type: none"> <li>● Social Distancing Required <ul style="list-style-type: none"> <li>▪ Along sidelines <ul style="list-style-type: none"> <li>● Players box 10-yard line to 10- yard line</li> <li>● Coaches box 25-yard line to 25-yard line</li> </ul> </li> </ul> </li> <li>● Wear face covering whenever possible</li> <li>● Individual water bottles required and not to be shared.</li> <li>● Pregame meeting will require only 1 representative from each school.</li> <li>● Locker rooms available upon request with team members limited to designated areas of the school</li> <li>● Outdoor meeting area available upon request.</li> </ul> | <ul style="list-style-type: none"> <li>● Social Distancing Required <ul style="list-style-type: none"> <li>▪ In the grandstand</li> <li>▪ At restroom facilities</li> <li>▪ At concessions stand</li> <li>▪ In the designated parking areas</li> </ul> </li> <li>● Multiple gates will be used for admission</li> <li>● Designated seating area for “Home” and “Visitor” fans <ul style="list-style-type: none"> <li>▪ Sit as family groups</li> <li>▪ Restricted rows - do not sit in them..</li> </ul> </li> <li>● Additional seating available in designated fenced in areas on the north and south end of the field with social distancing <ul style="list-style-type: none"> <li>▪ Bring your lawn chair</li> <li>▪ Seating will not be allowed behind the team benches</li> </ul> </li> <li>● Masks required in the grandstands, at restrooms, at concessions, and suggested when social distancing unattainable in fan seating areas at north/south end of field.</li> </ul> |
| <b>Softball</b> | <ul style="list-style-type: none"> <li>● Social Distancing Encouraged <ul style="list-style-type: none"> <li>▪ Extended Dugouts - bottom 4 rows of grandstand.</li> <li>▪ At bus / van parking</li> <li>▪ At restroom facilities</li> </ul> </li> <li>● Wear face covering whenever possible</li> <li>● Individual water bottles required and not to be shared.</li> <li>● Pregame meeting will require only 1 representative from each school.</li> <li>● Locker rooms available upon request with team members limited to designated areas of the school</li> </ul>  | <ul style="list-style-type: none"> <li>● Social Distancing Required <ul style="list-style-type: none"> <li>▪ At restroom facilities</li> <li>▪ At concessions stand</li> <li>▪ In the designated parking areas</li> </ul> </li> <li>● Fan seating for each team will be designated in order to avoid mixing of groups of fans <ul style="list-style-type: none"> <li>▪ No grandstand seating as this will be team overflow area.</li> <li>▪ Fan/Patron seating <b>not</b> permitted in area near dugout or grandstands</li> </ul> </li> <li>● Seating available beyond the dugout along with additional seating in the outfield to provide social distancing <ul style="list-style-type: none"> <li>▪ Bring your own chair</li> </ul> </li> </ul>   |

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|                       |  | <ul style="list-style-type: none"> <li>● Masks suggested when social distancing unattainable in fan seating in the outfield.</li> </ul>  |
| <b>Volleyball</b>     | <ul style="list-style-type: none"> <li>● Social Distancing Encouraged <ul style="list-style-type: none"> <li>▪ In locker rooms</li> <li>▪ At restroom facilities</li> </ul> </li> <li>● Masks Require</li> <li>● Individual water bottles required and not to be shared.</li> <li>● Pregame meeting will require only 1 representative from each school.</li> <li>● Locker rooms / Meeting rooms available upon request with team members limited to designated areas of the school</li> </ul>   | <ul style="list-style-type: none"> <li>● Social Distancing Required <ul style="list-style-type: none"> <li>▪ Gym seating shall be 50% of capacity</li> <li>▪ No seating in area immediately behind the team benches</li> </ul> </li> <li>● Masks required 100% of time inside the building</li> <li>● Fan seating areas for each team will be designated.</li> <li>● Restrooms <ul style="list-style-type: none"> <li>▪ High School gym will use bathrooms in the commons area.</li> <li>▪ Westfall gym will use Middle School restroom facilities.</li> </ul> </li> </ul> |
| <b>COVID – Orange</b> | <b>Athletes / Coaches</b>  | <b>Fans / Patrons</b>  |
| <b>Cross Country</b>  | <ul style="list-style-type: none"> <li>● Social Distancing Required <ul style="list-style-type: none"> <li>▪ At restroom facilities</li> <li>▪ In the designated parking areas</li> </ul> </li> <li>● Wear face covering whenever possible</li> <li>● Course may be widened to provide social distancing during the event</li> <li>● Staggered start may be used with electronic timing</li> <li>● Individual water bottles required and not to be shared.</li> <li>● Coaches meeting will require only 1 representative from each school.</li> <li>● Locker rooms available upon request with team members limited to designated areas of the school</li> </ul> | <ul style="list-style-type: none"> <li>● Social Distancing Encouraged <ul style="list-style-type: none"> <li>▪ Along the course</li> <li>▪ At restroom facilities</li> <li>▪ In the designated parking areas</li> </ul> </li> <li>● Masks suggested when social distancing unattainable.</li> <li>● Gathering at the start / finish areas<br/>Not permitted</li> </ul>   |
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| <b>Softball</b>   | <ul style="list-style-type: none"> <li>● Social Distancing Encouraged <ul style="list-style-type: none"> <li>▪ Extended Dugouts -entire grandstand seating.</li> <li>▪ At bus / van parking</li> <li>▪ At restroom facilities</li> </ul> </li> <li>● Wear face covering whenever possible</li> <li>● Individual water bottles required and not to be shared.</li> <li>● Pregame meeting will require only 1 representative from each school.</li> <li>● Locker rooms available upon request with team members limited to designated areas of the school</li> </ul> | <ul style="list-style-type: none"> <li>● Social Distancing Required <ul style="list-style-type: none"> <li>▪ At restroom facilities</li> <li>▪ At concessions stand</li> <li>▪ In the designated parking areas</li> </ul> </li> <li>● Fan seating for each team will be designated in order to avoid mixing of groups of fans <ul style="list-style-type: none"> <li>▪ No grandstand seating as this will be team overflow area.</li> <li>▪ Fan/Patron seating <b>not</b> permitted in area near dugout or grandstands</li> </ul> </li> <li>● Seating available beyond the dugout along with additional seating in the outfield to provide social distancing <ul style="list-style-type: none"> <li>▪ Bring your own chair</li> </ul> </li> <li>● Masks suggested when social distancing unattainable in fan seating in the outfield.</li> </ul> |
| <b>Volleyball</b> | <ul style="list-style-type: none"> <li>● Social Distancing Encouraged <ul style="list-style-type: none"> <li>▪ In lock rooms</li> <li>▪ At restroom facilities</li> </ul> </li> <li>● Masks Required</li> <li>● Individual water bottles required and not to be shared.</li> <li>● Pregame meeting will require only 1 representative from each school.</li> </ul>   | <ul style="list-style-type: none"> <li>● Social Distancing Required <ul style="list-style-type: none"> <li>▪ Gym seating shall be 50% of capacity</li> <li>▪ No seating in area immediately behind the team benches</li> </ul> </li> <li>● Masks required 100% of time inside the building</li> <li>● Fan seating areas for each team will be designated.</li> <li>● Restrooms</li> </ul>  |

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| <b>COVID – Red</b> | <b>Athletes / Coaches</b>   | <b>Fans / Patrons</b>   |
|                    | No Athletics Taking Place   | No Athletics Taking Place   |