

Freeman Public Schools  
415 Eighth Street  
PO Box 259  
Adams NE 68301-0259

Non-Profit Organization  
United States Postage Paid  
Adams NE 68301  
Permit Number 5

## **POSTAL CUSTOMER**

### **IMPORTANT ANNOUNCEMENTS**

#### **PARENT-TEACHER CONFERENCES**

Parent-Teacher Conferences will be held on Monday and Wednesday, October 19 & 21 from 4:00-8:00 pm each evening. Online sign up will be sent out at a later time.

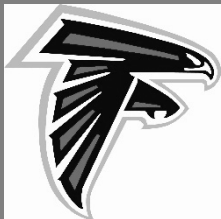
#### **NO SCHOOL DAYS IN SEPTEMBER**

- September 7-Labor Day
- September 28-Professional Development

#### **PICTURE RETAKE DAY**

If your student missed picture day or would like to try again, picture retake day is October 12<sup>th</sup>. If your student is doing retakes, bring your packet to school on this day and return it to the photographer.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>SEPTEMBER 2020</b>		1 <b>5:30pm Volleyball- JV Sterling @ Freeman, North Gym</b> <b>6:30pm Volleyball- Varsity Sterling @ Freeman, North Gym</b>	2	3 <b>5:00pm Softball-Var Fall City @ Fiedler Family Complex</b> <b>5:00pm Volleyball- Var. Freeman HS</b> <del>EL-5th Grade Instrument Display (Postponed)</del>	4 <b>9:00am Cross Country- JV/Varsity JCC @ JCC</b> <b>7:00pm Football- Varsity Conestoga Cougars @ Falcon Stadium</b>	5 FFA State Fair- @ Grand Island <b>9:00am Volleyball- Varsity Freeman vs. Multiple Schools @ Freeman High School</b>
6 FFA State Fair- @ Grand Island	7 <b>No School-</b> FFA State Fair- @ Grand Island	8 <b>4:30pm Football- JH JCC@ Falcon Stadium</b> <b>5:00pm Volleyball- Varsity JCC vs. Multiple Schools @ JCC High</b> <b>6:30pm Softball- G/Varsity Aquinas Catholic @ Fuller Field</b>	9	10 <b>4:30pm Softball-Varsity @ Geneva Ball Complex</b> <b>4:30pm Cross Country- JV/Varsity Fairbury @ Fairbury</b> <b>5:30pm Volleyball- JV Lourdes Central Catholic @ Lourdes</b> <b>6:30pm Volleyball- Varsity Lourdes Central Catholic @ Lourdes</b>	11 <b>7:00pm Football- Varsity Southern @ Southern High School</b>	12 <b>9:00am Volleyball- Varsity @ Friend High School</b> <b>9:00am Softball- G/Varsity @ Fiedler Family Ball Complex</b>
13	14 Volleyball-Varsity @ TBA <b>4:30pm Cross Country- JV/Varsity Yutan @ Walnut Grove Park</b> <b>6:00pm Football-JV JCC @ JCC High School</b> <b>7:00pm Board of Education Meeting- @ Freeman Media Center</b>	15 Volleyball-Varsity @ TBA <b>4:00pm Football-JH @ Palmyra High School</b> <b>4:30pm Volleyball- JH Friend @ Freeman, South Gym</b> <b>5:00pm Softball- JV Southern @ Blue Springs</b> <b>6:30p Softball- V Southern @Blue Springs</b>	16	17 Volleyball-Varsity @ TBA	18 <b>1:00pm- 3:30pm Strengths- @ FHS - North Gym</b> <b>7:00pm Football- Varsity HTRS @ H-TR-S</b>	19 <b>8:00am Volleyball- JV Lewiston vs. Multiple Schools @ Lewiston High School</b> <b>9:00am Softball- G/Varsity Arlington vs. Multiple Schools @ Two Rivers Sports Complex - Arlington, NE</b>
20	21 <b>4:30pm Football-JH Tri County @ Tri County High School</b> <b>5:00pm Volleyball- G/JH Lourdes Central Catholic @ Lourdes Central Catholic High School</b> <b>6:00pm Football- JV Conestoga Cougars @ Freeman High School, Falcon Stadium</b>	22 <b>8:00am-2:00pm Testing: ACT- @ Adams Community School</b> <b>4:00pm Cross Country- JV/Varsity Malcolm @ Branched Oak State Park</b> <b>5:00pm Volleyball- Varsity @Lincoln Christian</b> <b>5:00pm Softball- G/JV Malcolm @ Fuller Field</b> <b>6:30pm Softball- G/Varsity Malcolm @ Fuller Field</b>	23 <b>1:30pm Volleyball- G/JH Sterling @ Freeman High School, South Gym</b>	24 <b>5:00pm Softball-JV Fall City @Fiedler Family Complex</b> <b>5:00pm Volleyball-C Team Johnson-Brock @ Johnson-Brock High School</b> <b>6:00pm Volleyball-JV @ Johnson-Brock High School</b> <b>6:30pm Softball- G/Varsity Falls City @ Fiedler Family Ball Complex</b> <b>7:00pm Volleyball- Varsity @Johnson-Brock HS</b>	25 Homecoming Parade- <b>6:15pm MUSIC HS Vocal National Anthem- Falcon Stadium</b> <b>7:00pm Football- Varsity Palmyra @ Falcon Stadium</b>	26 <b>TBD Softball-G/Varsity TBA vs. TBA @ TBA</b> <b>9:00am Volleyball- JV Freeman vs. Multiple Schools @ Freeman High School, North Gym</b> <b>9:00am Volleyball- G/JH Freeman vs. Multiple Schools @ Freeman High School, South Gym</b>
27	28 <b>No School - PD-</b> <b>1:00pm Cross Country- JV/Varsity UNK @ Kearney Country Club</b> <b>5:30pm Volleyball-C Team Auburn @ Freeman, North Gym</b> <b>6:30pm Volleyball- JV Auburn @ Freeman, North Gym</b> <b>6:30pm Football-JV @ Diller-Odell High School</b> <b>7:30pm Volleyball- Varsity Auburn @ Freeman North Gym</b>	29 <b>5:00pm Volleyball- G/JH Malcolm @ Malcolm High School</b> <b>5:30pm Volleyball-JV @ Falls City Sacred Heart High School</b> <b>6:30pm Softball-Varsity @ Raymond Central HS</b> <b>6:30pm Volleyball- Varsity @ Falls City Sacred Heart High School</b>	30			



# DANIEL FREEMAN PUBLIC SCHOOLS

QUALITY EDUCATION FOR ALL LEARNERS

[www.freemanpublicschools.org](http://www.freemanpublicschools.org)

September  
2020

## No School Days

September 7

September 28

October 23

October 26

November 25-27

December 23-31

January 1-4

January 18

February 12-15

March 12

March 19

March 25-26

April 2

April 5

April 26

## Early Dismissal

December 22

January 28

May 18

415 8<sup>th</sup> Street  
PO Box 259  
Adams, NE 68301

Phone:  
402.988-2525

Fax:  
402.988-3475

## FROM THE SUPERINTENDENT, MR. ANDREW HAVELKA

Freeman Families:

We have officially made it through two full weeks of school. It has been great to see students back in the building. We have put precautions in place to keep our students and staff as safe as possible during this time. We will continue to be safe and smart, and take this school year one day at a time. Here are a few things that I have been thinking about this week that I want to share.

### **Student Drop-Off:**

Thank you for all of your help making our entry plan a success! If you are dropping your student off for school, please be cognizant of students crossing the streets and watch for other vehicles and buses. We have had a few close calls this week and we want to do our best to keep our kids safe as they enter the building.

### **Events:**

We will have specific guidance for our facilities AND visiting school facilities available on our website. As a visiting school, we must follow the guidelines put in place by the home school. Our goal is to follow the current Directed Health Measure AND provide opportunities for our students to participate in events.

### **Positive Cases:**

At this point, we have had zero positive cases involving Freeman students or staff, however we have had several reports of students exhibiting viral symptoms such as low grade temps, congestion, headaches, and sore throats. In my meetings with Public Health Solutions (PHS) and area superintendents, it is inevitable that we will have positive cases. If/when this does occur, we will work through it and provide the best solution. PHS continues to promote the use of face coverings by all students and staff. They shared that placing individuals on quarantine due to an exposure is determined by whether or not face coverings are worn. Our students have done an amazing job of wearing them throughout the day so far, and I continue to encourage families to promote this as well. Mrs. Stanley has also shared guidelines for your student returning to school if they are ill. Please contact her or the office with questions.

Safe and smart, one day at a time!

Mr. Havelka













Andrew Havelka, Freeman Superintendent

402-988-2525 x103

[Andrew.havelka@freemanschools.net](mailto:Andrew.havelka@freemanschools.net)

Twitter: @FreemanPS\_Supt

# CORONAVIRUS vs. COLD vs. FLU vs. ALLERGIES

SYMPTOMS	COVID-19*	COLD	FLU	ALLERGIES
 <b>Fever</b>	<b>Common</b> (measured at 100 F or higher)	<b>Rare</b>	<b>High (100-102 F), can last 3-4 days</b>	<b>No</b>
 <b>Headache</b>	<b>Sometimes</b>	<b>Rare</b>	<b>Intense</b>	<b>Sometimes</b>
 <b>General aches, pains</b>	<b>Sometimes</b>	<b>Slight</b>	<b>Common, often severe</b>	<b>No</b>
 <b>Fatigue, weakness</b>	<b>Sometimes</b>	<b>Slight</b>	<b>Common, often severe</b>	<b>Sometimes</b>
 <b>Extreme exhaustion</b>	<b>Sometimes</b> (progresses slowly)	<b>Never</b>	<b>Common</b> (starts early)	<b>No</b>
 <b>Stuffy nose</b>	<b>Rare</b>	<b>Common</b>	<b>Sometimes</b>	<b>Common</b>
 <b>Sneezing</b>	<b>Rare</b>	<b>Common</b>	<b>Sometimes</b>	<b>Common</b>
 <b>Sore throat</b>	<b>Rare</b>	<b>Common</b>	<b>Common</b>	<b>No</b>
 <b>Cough</b>	<b>Common</b>	<b>Mild to moderate</b>	<b>Common, can become severe</b>	<b>Sometimes</b>
 <b>Shortness of breath</b>	<b>In more serious infections</b>	<b>Rare</b>	<b>Rare</b>	<b>Common</b>
 <b>Runny nose</b>	<b>Rare</b>	<b>Common</b>	<b>Sometimes</b>	<b>Common</b>
 <b>Diarrhea</b>	<b>Sometimes</b>	<b>No</b>	<b>Sometimes**</b>	<b>No</b>

Sources: KDHE, CDC, WHO, National Institute of Allergy and Infectious Diseases, American College of Allergy, Asthma and Immunology

## FACILITY USAGE

Shortly after school begins, the office starts getting requests for use of the gym for practices from parents who are coaches for their children's Y-sponsored teams. When wanting to reserve any space within the school, you need to start the reservation process on the freeman home page. <https://freemanpublicschools.org> the FACILITIES REQUEST FORM tab is below the Falcon Flyer tab. Click there to start the process. if you have issues, please contact Jeremy Schroeder at 402-988-2525 All requests for any outside facility usage will go through this system.

## MEDICAL INFO NEEDED

Please return action plans for any student that has asthma, diabetes, severe allergies or seizures. Please contact Sherri Stanley if you have any medical concerns about your student at [ssstanley@freemanschools.net](mailto:sstanley@freemanschools.net).

Kindergarten physical and vision exams, updated immunizations, 7<sup>th</sup> grade physicals and health updates also need to be turned in. Any 7<sup>th</sup> and 9<sup>th</sup> grade student, participating in a sport, is required to complete a sports physical, NSAA and insurance form.

### BREAKFAST

For all K-12 students, breakfast will be served from 7:55 to 8:05 am. The cost of student breakfast is \$1.95 or \$0.30 for students that qualify for reduced lunch prices. Breakfast will be a “Grab N Go” meal. Students will pick up their breakfast and take it to their first class to eat.

### LUNCH PROGRAM INFORMATION

Lunch prices for 2020-2021 are listed on the menu. One milk is included with the hot lunch. Milk purchased separately (break for Kindergarten, extra milk, and milk only) will be 35 cents each. It is District policy that meals are to be paid for in advance. Monthly meal amounts are printed with the menu on the monthly newsletter. Payments may be made by check, cash or online payments through E-funds.

### FREE & REDUCED MEALS

All families that wish to apply for the free or reduced meals should send their application in as soon as possible. Benefits will begin on the day your application is approved. A new application must be completed each year. **All free and reduced information is kept strictly confidential.**

### STUDENT FEES

Any 7-12 students wishing to participate in any extra-curricular activity will be required to pay an activity fee. All 7-12 students will be required to pay the technology fee of \$15.

The activity fee will be used to help offset expenses of uniforms, equipment, and officiating and the technology fee will allow the student to keep their Chromebook when they graduate. Junior High student's fees will be \$35 activity fee + \$15 technology fee for a total of \$50. Senior High student's fees will be \$55 activity fee + \$15 technology fee for a total of \$70. This fee is NOT per activity but per year. Junior High vocal music does not require an activity fee.

In exchange for the activity fee, all 7-12 students are admitted into all home activities at the school AT NO CHARGE! The exception is the Sportsman's Holiday Basketball Tournament, and any Conference or NSAA sponsored activity that Freeman hosts.

All fees must be paid at the HS office before the student may participate in any extra-curricular event. Make checks payable to: Freeman High School noting “Student Fees” on the envelope or in the memo field. **DO NOT include lunch payment with this fee.**

If your family qualifies for Free/Reduced Lunches, you may request that the student fees be waived by completing a Waiver application.

**Non-Discrimination Statement:** The U.S. Dept. of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found at [www.ascr.usda.gov/complaint\\_filing\\_cust](http://www.ascr.usda.gov/complaint_filing_cust), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov) Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

## MENUS

Cereal, juice & fruit are offered with breakfast. All meals come with one carton of milk. Extra milk may be purchased for \$0.35 each. Menu subject to change. **Purchase of an entrée only or an additional entrée will cost \$1.00 for students and staff.**

	<u>Breakfast</u>	<u>Lunch</u>
<b><u>September 1-4</u></b>		
Tuesday:	Pancake	Chicken Patty, Mashed Potato & Gravy, Bread & Butter, Fruit, Veggies
Wednesday:	Muffin	BBQ Pork, Bun, Potato Triangle, Fruit & Veggies
Thursday:	Donut	Corn Dog, Cottage Cheese, Veggies, Fruit
Friday:	Omelet	Pizza, Corn, Veggies, Fruit
<b><u>September 7-11</u></b>		
Monday:	No School	
Tuesday:	French Toast	Chicken Fajita, Soft Shell, Rice, Veggies, Fruit
Wednesday:	Pancake	Hamburger, Bun, Baked Beans, Veggies, Fruit
Thursday:	Donut	Br. Pork Patty, Bun, Potato Triangle, Veggies, Fruit
Friday:	Omelet	Fiestada, Veggies, Fruit
<b><u>September 14-18</u></b>		
Monday:	French Toast	Chili Dog, Bun, Veggies, Fruit
Tuesday:	Pancake	Mandarin Chicken, Rice, Veggies, Fruit
Wednesday:	Sausage & Biscuit	Sloppy Joes, Bun, Veggies, Fruit
Thursday:	Donut	Sub Sandwich, Chips, Veggies, Fruit
Friday:	Omelet	Chicken Quesadilla, Veggies, Fruit
<b><u>September 21-25</u></b>		
Monday:	French Toast	BBQ Meatballs, Mac-n-Cheese, Roll & Butter, Veggies, & Fruit
Tuesday:	Pancake	Chicken Patty, Mashed Potato & Gravy, Bread & Butter, Veggies, Fruit
Wednesday:	Donut	Spaghetti & Meat sauce, Breadstick, Veggies, Fruit
Thursday:	Muffin	Hamburger, Bun, Baked Beans, Veggies, Fruit
Friday:	Omelet	Pizza, Veggies, Fruit
<b><u>September 28-30</u></b>		
Monday:	No School	
Tuesday:	French Toast	Burrito, Chips & Cheese, Veggies, Fruit
Wednesday:	Pancakes	Chicken Alfredo , Rotini, Roll & Butter, Veggies, Fruit

### **TOTAL MONTHLY COST**

	Days	Price	Total
K-6 Lunches:	20	\$2.95	\$59.00
7-12 Lunches	20	\$3.25	\$65.00
K-12 Reduced Lunch:	20	\$0.40	\$8.00
K-12 Breakfast:	20	\$1.95	\$39.00
K-12 Reduced Breakfast:	20	\$0.30	\$6.00
K-2 Afternoon Milk	20	\$0.35	\$7.00
Adult Lunch Price:		\$3.80	

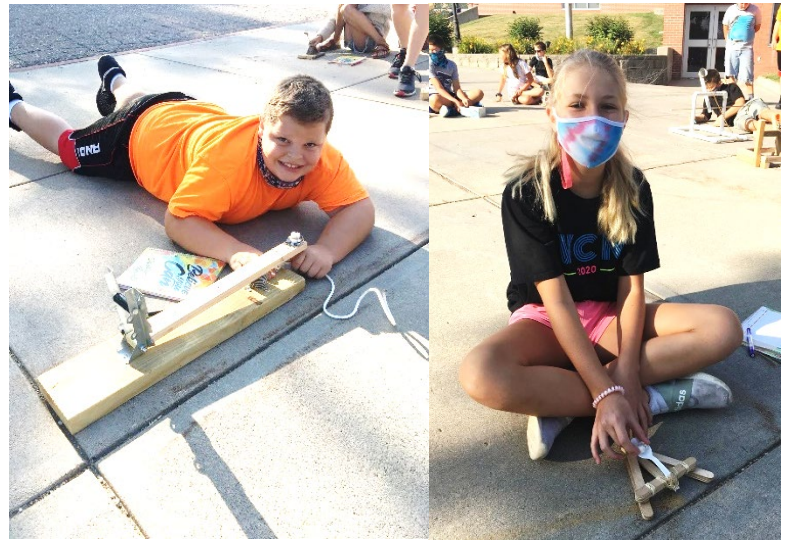




**6TH GRADE CATAPULTS** Our Freeman sixth grade students completed the annual science catapult project on Friday, August 21, 2020 to begin the 2020-2021 school year in Mr. Floth's science classes. To receive full credit, each student was asked to design a catapult that would launch a cotton ball forward. The cotton balls were able to be wrapped in one rubber band. The students found that this added mass was a benefit in making the cotton ball gain distance. I've used this process each year to show students that science is fun, yet challenging. Students begin to learn to research, design, edit and adapt while building their catapult. They are allowed to use any means necessary in the engineering of this project and have any help they choose to build.

Catapults came to school in all shapes and sizes, with

varying degrees of success. Students were tasked with launching their catapults three times and recording their distances in centimeters. Next, they found the average distance, analyzed their data and constructed a response to the project. The sixth graders explained the positives and challenges of the design process, shared their success and gave input to changes they anticipate would improve the outcome if the testing was repeated. Each student was successful this year in launching their cotton ball forward, which led to a fun Friday morning activity of learning.



**HEALTH NEWS...**As the school year is now in full swing, I want to take this opportunity to reach out to all our Freeman Families. This year, like every year, will have its challenges. Due to the global COVID-19 pandemic, we have had to implement some changes as to how we will handle illness in the school. A very large part of this process is the screening of children for illness. We encourage you to screen your children before they are sent to school. Last week, a school messenger was emailed to all families with specific criteria for COVID-19 screening. This information was given to us by our district health department and based on what they know about the virus. Please monitor your children for these symptoms and if they meet the criteria, keep them home and contact us and your physician for guidance. If your children meet these criteria while at school, you will be notified and your child will be sent home and the re-admittance guidelines will be implemented. I am asking that if your child does see a doctor related to the mentioned symptoms, that a note be sent to school. I realize that many of the COVID-19 symptoms resemble those of other common illnesses like a common cold, influenza, strep throat, seasonal allergies which makes this a tricky situation to navigate. It is not our intention to exclude children unnecessarily from school but to look out for the greater good of our school and community. My hope is that by working together and taking these extra precautions, we will be able to continue to provide in person learning for our children. If you have any questions, please email me at [sstanley@freemanschools.net](mailto:sstanley@freemanschools.net).



Freeman Public Schools will again be participating in the Backpack program starting this fall. This program is made possible through partnerships with the Food Bank of Lincoln and Freeman Public Schools. Fridays during the school year starting at a later date, a backpack filled with items such as cereal, canned fruits or vegetables, spaghetti, peanut butter and jelly, or mac n' cheese will

be sent home for your family. Backpacks will be discreetly delivered to students on Fridays and it is their responsibility to bring the backpack back to school on the following Monday. In addition to nonperishable foods, vouchers to area grocery stores will be sent home each week. These can be redeemed at area stores, a list of which will be provided to you in the fall.

If you would like to participate in the program, there are several ways to sign up.

- **Sign and return the bottom portion of this form to the school office**
- **Call or email Mr. Havelka 402-988-2525 x103 [Andrew.havelka@freemanschools.net](mailto:Andrew.havelka@freemanschools.net)**

If you have any questions, please contact me. Freeman will work very hard to meet the needs of all families.

**Food Bank of Lincoln Backpack Program:**

- Pallets are delivered to Freeman Public Schools with 12 weeks of food on them
- Backpacks are loaded by volunteers for Friday pick-up by students
- Backpacks are discreetly delivered to students on Fridays and are expected to be returned on Mondays
- Many area schools already participate in this program very successfully
- Vouchers included vary each week for eggs, bread, milk, produce and meat
- There is no cost or charge to be part of this program

Sincerely,

Andrew Havelka



Family Name: \_\_\_\_\_

\_\_\_\_\_ Yes, our Family would like to participate in the Freeman/Food Bank Backpack Program. My responsibility is to be sure the backpack is returned to school each Monday.

\_\_\_\_\_  
Parent or Guardian Signature