

Freeman Public Schools  
415 Eighth Street  
PO Box 259  
Adams NE 68301-0259

## IMPORTANT ANNOUNCEMENTS

### NO SCHOOL DAYS IN NOVEMBER

- November 25-27- Thanksgiving Break

### SCHOOLMESSENGER TEXT MESSAGING

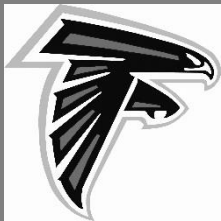
Parents and Guardians: You can take advantage of our Text Messaging Service. Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more. You can participate just by sending a text message of “Y” or “Yes” to our school’s short code number, 67587. You can also opt out of these messages at any time by simply replying to one of our messages with “Stop”.

### #freemanstrengths

“What will happen when we think about what is *right* with people rather than fixating on what is wrong with them?”--Donald O. Clifton How do we focus on what is right? By knowing one another’s strengths. That is the point of knowing our top 3 or 5 CliftonStrengths. While we cannot have large group activities to explore our strengths, we still encourage everyone to continue learning about their own strengths and recognize the strengths of others.

The Freeman Strengths team will be hosting another Community Strengths session through Zoom on October 29, *Using Strengths in Our Lives*. The session is about an hour long and will explore how you have used CliftonStrengths. To sign up send an email to [strengths@freemanschool.net](mailto:strengths@freemanschool.net). For more information about strengths check out social media using #freemanstrengths.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <b>NOVEMBER 2020</b>	2	3	4 FFA District Livestock Judging- @ Southeast Community College - Beatrice, Nebraska	5	6	7
8	9 <del>MUSIC JH/HS Vocal Clinic ECNC (Postponed) @ Malcolm High School</del> <b>1:00pm- 6:30pm</b> FFA/NHS Blood Drive- @ Freeman Ag Room <b>7:00pm</b> Board of Education Meeting- @ Freeman Media Center	10 <b>8:30am- 1:30pm</b> Picture Day- Activities/class- @ FHS - North Gym	11 Music HS Band Veteran's Day Performance- @ FHS - North Gym Veteran's Day Program- @ FHS - North Gym	12 <del>MUSIC JH Choir Clinic (Cancelled) @ Tri-County High School</del>	13 <b>1:00pm- 3:30pm</b> Strengths- @ FHS - North Gym	14
15	16	17	18	19 <b>5:30pm</b> Basketball- B/JH @ Lincoln Christian High School	20	21
22 <b>4:30pm</b> Basketball- B/JH @ Syracuse High School	23	24	25 <b>No School-</b>	26 <b>No School-</b>	27 <b>No School-</b>	28
29 <b>5:00pm Basketball- B/JH Freeman vs. Multiple Schools @ Freeman High School</b>	30					



# DANIEL FREEMAN PUBLIC SCHOOLS

QUALITY EDUCATION FOR ALL LEARNERS

[www.freemanpublicschools.org](http://www.freemanpublicschools.org)

## FROM THE SUPERINTENDENT, MR. ANDREW HAVELKA

November  
2020

### No School Days

November 25-27

December 23-31

January 1-4

January 18

February 12-15

March 12

March 19

March 25-26

April 2

April 5

April 26

### Early Dismissal

December 22

January 28

May 18

415 8<sup>th</sup> Street  
PO Box 259  
Adams, NE 68301

Phone:  
402.988-2525

Fax:  
402.988-3475

Freeman Families:

The holidays are fast approaching! Before we know it, Thanksgiving will be here. We hope families were able to get in touch with teachers during our virtual parent-teacher conferences. If you had any issues connecting, please reach out.

### **COVID-19 Information/Dashboard**

Each **Monday** and **Thursday**, Freeman Public Schools will provide updated positive case and quarantine data to our families. The dashboard can be found at:

<https://freemanpublicschools.org/covid-19-coronavirus-information/>

We will share as much information as we can to keep our families informed. The update will be posted on the COVID-19 Information page on our website by noon each Monday and Thursday. Those students and staff considered a close contact to a positive case will be contacted by Freeman or Public Health Solutions and given instructions on next steps. If you are not called, your student is not considered a close contact.

### **Inclement Weather**

As we approach this time of year, there is an increased possibility for inclement weather. A decision to close school is made when forecasts by the weather service and civil defense officials indicate it would be unwise for students to go to school. If possible, a decision about the next school day will be made by 9pm for announcement during the 10 pm news. An early decision is not always possible because of uncertain weather conditions. School officials will make periodic assessments of conditions during the night and will decide early in the morning (by 6 a.m. if possible). If school is closed or will begin 2-hours late, information will be left through the school messenger system and on the school website. Freeman has built three days into the 2019-2020 calendar for severe weather cancellations. If additional days are needed to respond to severe weather, the district will either add student days or look for options within the current calendar. We will keep everyone informed as we progress through the school year.

### **Communication**

If you are wondering what is going on at Freeman Public Schools, here are a few ways to get connected:

- **Website:** [freemanpublicschools.org](http://freemanpublicschools.org)
- **Twitter:** Follow @Freeman\_Falcons or @FreemanPS\_Supt for daily communication
- **Newsletter:** This monthly newsletter will go out to parents and the community each month

As always, please contact the school if you have any questions. I am excited for a great year at Freeman Public Schools and look forward to getting to know everyone! Go Falcons!

Mr. Havelka

Andrew Havelka, Freeman Superintendent

402-988-2525 x103

[Andrew.havelka@freemanschools.net](mailto:Andrew.havelka@freemanschools.net)

Twitter: @FreemanPS\_Supt

## What is Positive Behavioral Interventions and Supports (PBIS)?

1. Creates and maintains a safe and effective learning environment
2. Ensures all students have social skills needed for success at school and beyond
3. Provides a proactive system-wide framework for implementation



**The Purpose of PBIS is to establish a climate in which appropriate behavior is the norm.**

### Implementing PBIS at Home

- 5:1 positives to correction
- Set the stage for success, rewards
- Give clear, specific directions
- Stay calm, use a calm voice
- Set reasonable limits
- Set consistent, Yes means Yes, No means No
- Set example, actions speak louder than words
- Proactively anticipate situation
- Have patience, a little goes a long way
- Have Fun and Enjoy the Ride!



**#THEFALCONWAY**

**BE SAFE  
BE RESPECTFUL  
BE RESPONSIBLE**

<b>INSTEAD OF SAYING</b>	<b>TRY SAYING THIS</b>
Stop hitting!	Please keep your hands to yourself.
Don't say that!	Please choose another word.
Quit whining and crying!	Please use your words.
I can't hear you.	Please speak louder/more clearly
I won't buy you that.	Instead of that, what if we...
Don't get upset.	It's okay to feel that way, but...
We have to stop playing.	We have to leave.

**THE FALCON PLEDGE**  
**I CHOOSE TO COME TO SCHOOL TO LEARN**  
**I CHOOSE TO BE PROUD OF MYSELF**  
**I CHOOSE TO BE SAFE, RESPECTFUL**  
**AND RESPONSIBLE**  
**I AM A FREEMAN FALCON**



**#THEFALCONWAY PARENT WEBSITE**

**[HTTPS://SITES.GOOGLE.COM/FREEMANSCHOOLS.NET/  
THEFALCONWAY/HOME](https://sites.google.com/freemanschools.net/the-falconway/home)**

### Parent Reading Meeting

On October 1<sup>st</sup> a Parent Reading Meeting hosted by Mrs. Sieh and Mrs. Nieveen was held via Zoom. The purpose of the meeting was to explain the Nebraska READS Act and Title 1 reading. Nebraska READS is part of the reading law designated to improve literacy skills for Nebraska's K-3 students. It emphasizes the need for early reading instruction and support. Title 1 reading is one way Freeman offers support for students not reaching the reading benchmark level. Small group instruction in the classroom is also a part of helping students improve their reading. This year Freeman has adopted a new reading series, "Wonders," from McGraw-Hill. This reading program is intensive and challenging. For more information regarding the Nebraska READS act visit <https://www.education.ne.gov/nebraskareads/> For more information about Title 1 reading or the reading program "Wonders," contact Mrs. Nieveen or your child's teacher.

**PURCHASE YOUR  
2020-2021 FALCON YEARBOOK NOW!**

**Price increases December 31!**

Don't miss out on this year's book! The yearbook staff is hard at work creating a new and improved book. This year's book is in full color. The staff has added additional pages for expanded coverage of all events PK-12. Freeman is one of the few schools in Nebraska that continues to include all grades in the yearbook. Avoid lost books – Get your book stamped with your name! Order now before the price increases!

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**Student Name** \_\_\_\_\_ **Grade** \_\_\_\_\_

**Number of Yearbooks at \$50 each** \_\_\_\_\_

**Name Stamp for yearbook (OPTIONAL) \$5** \_\_\_\_\_

**TOTAL amount submitted:** \_\_\_\_\_

**After December 31, the price for a yearbook increases to \$55 and name stamping is no longer available.**

**HASTINGS COLLEGE VIRTUAL MURAL DAY**

Freeman art students compete in Hastings College Virtual Mural Day. Since we could not visit the school in person we were able to still compete via zoom. Students: Paige Hemminger, Taylor Carnell, Cassie Klein, Faith Husband were the four students that competed between 8:30/2:30. Hastings College supplied most of materials and had conversations with students thru out the day. They were given the topic for the mural at 8:30a.m. then they were to develop idea and have it completed by 2:30. Topic was "Just Dessert"



**TeamMates Matches Continue**

Even in a pandemic, the TeamMates Mentoring program continues. There are so many uncertainties right now, and students need someone more than ever to talk to and be there for them. TeamMates meets that need. TeamMates of Freeman currently has 44 matches and we are getting ready to create several more matches. Some matches are meeting in school under strict protocols while others are meeting remotely. TeamMates has unveiled a new program that allows a mentor to set up a Zoom meeting through the TeamMates portal and allows matches to continue meeting safely, something our matches are utilizing. If your child is in 5<sup>th</sup>-10<sup>th</sup> grade and would like a mentor, have him/her talk to Mrs. Evers or Mrs. Nieveen. If you would like to become a mentor, visit [TeamMates.org](http://TeamMates.org) to apply, or contact Mrs. Evers or Mrs. Nieveen. Be a positive difference in the life of a child!

**HEALTH NEWS...** As the weather gets colder, the reality of cold and flu season begins. In addition to what we typically see in the school, we are also dealing with COVID-19 this year. I read this [article](#), published by a UNMC physician, that addresses the differences in influenza and COVID-19. He believes that receiving an influenza vaccine this year may be more important than ever before. We hosted a SKIP flu clinic in October and will be offering a second one on Tuesday, November 3<sup>rd</sup>. If you are interested in your child participating in this, please reach out to me or either office and we will get you the needed forms to complete.

In addition to offering the SKIP flu clinic, we have implemented many other measures to provide a safe environment for your children and all students to learn. The wearing of face coverings is critical infection prevention in this pandemic time and one of the key factors for keeping kids in school. We work closely with the district health department when dealing with matters of infection control. They have been a great resource for us during this time of COVID-19. The guidelines that they have established are what we use when dealing with COVID-19 situations. We have discovered that when applying these guidelines to real situations, many questions arise. When this happens, we consult Public Health Solutions and they provide insight as to how to implement the guidelines in the correct way. We have discovered that each situation we encounter is unique and with their help, we learn something new each time. Based on their guidance, we make decisions with the best intentions for protection of our school and community.

As always, if you have questions regarding any health issue, please reach out to me at [sstanley@freemanschools.net](mailto:sstanley@freemanschools.net).

## MENUS

Cereal, juice & fruit are offered with breakfast. All meals come with one carton of milk. Extra milk may be purchased for \$0.35 each. Menu subject to change. **Purchase of an entrée only or an additional entrée will cost \$1.00 for students and staff.**

	<u>Breakfast</u>	<u>Lunch</u>
<b><u>November 2-6</u></b>		
Monday:	French Toast	Chicken Fajita on Flatbread, Broccoli, Veggies, Peaches
Tuesday:	Muffin	Country Fried Steak, Mashed Potato , Gravy, Bread & Butter, Pears
Wednesday:	Pancakes	Corn Dog, Cottage Cheese, Baked Beans, Veggies, Oranges
Thursday:	Donuts	Sloppy Joe, Bun, Green Beans, Veggies, Pineapple
Friday:	Omelet	Fiestada, Corn, Veggies, Applesauce
<b><u>November 9-13</u></b>		
Monday:	French Toast	Burrito, Chips, Cheese Sauce, Veggies, Pears
Tuesday:	Muffins	Chicken Patty, Mashed Potato, Gravy, Bread & Butter, Oranges
Wednesday:	Pancakes	Hamburger, Bun, Baked Beans, Veggies, Peaches
Thursday:	Donut	BBQ Meatballs, Mac-n-Cheese, Veggies, Roll & Butter, Pineapple
Friday:	Omelet	Pizza, Corn , Veggies, Applesauce
<b><u>November 16-20</u></b>		
Monday:	French Toast	Br. Pork Patty, Bun, Potato Triangle, Veggies, Peaches
Tuesday:	Muffin	Mandarin Chicken, Rice, California Blend, Veggies, Roll & Butter, Pears
Wednesday:	Pancakes	Chili Dog, Bun, Broccoli, Veggies, Oranges
Thursday:	Donut	Spaghetti & Meat sauce, Breadstick, Veggies, Pineapple
Friday:	Omelet	Chicken Quesadilla, Corn, Veggies, Applesauce
<b><u>November 23-27</u></b>		
Monday:	French Toast	Hamburger, Bun, Baked Beans, Veggies, Peaches
Tuesday:	Muffin	Sub Sandwich, Chips, Broccoli, Veggies, Strawberries
Wednesday:	No School	
Thursday:	No School	
Friday:	No School	
<b><u>November 30</u></b>		
Monday:	French Toast	Walking Taco, Chips, Meat, Cheese ,Salsa, Veggies, Peaches

### TOTAL MONTHLY COST

	Days	Price	Total
K-2 Afternoon Milk	18	\$0.35	\$6.30
Adult Lunch Price:		\$3.80	

**Non-Discrimination Statement:** The U.S. Dept. of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found at [www.ascr.usda.gov/complaint\\_filing\\_cust](http://www.ascr.usda.gov/complaint_filing_cust), or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at [program.intake@usda.gov](mailto:program.intake@usda.gov) Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

