

Welcome

"PREPARING OUR STUDENTS OF
TODAY FOR THEIR LIVES TOMORROW."



...Mr. Wallinger - 7-12 Principal

...Mrs. Alexander - Counselor

...Mrs. Vici Osterhaus - Secondary Administrative Assistant

Sample Schedules

Daily Bell Schedule

1st - 8:10-8:59

2nd - 9:02-9:51

3rd - 9:53-10:43

4th - 10:46-11:35

LUNCH A-11:35-12:05

Lunch B - 12:23 - 12:53

5th - 12:08-12:53

6th - 12:56-1:45

7th - 1:48:2:37

8th - 2:40-3:30

2023-2024 7th Grade Schedule

1st - Exploratory: CTE, Study Skills, Art, Keyboarding/Digital Citizenship

2nd - Social Studies

3rd - English

4th - PE (MWF) Choir (TTH)

LUNCH A-11:35-12:05

5th - Science

6th - Math

7th - Band (Students not taking band will have a semester of Reading Strategies and semester of Leadership)

8th - IAP

Classes

- **PE/Health** - PE (3 Quarters), Health (1 Quarter)
- **Exploratory** - 1 Quarter Each
 - **CTE**
 - **Speech**
 - **Art**
 - **Keyboarding/Digital Citizenship**
- **Reading & Writing Workshop (MWF) OR Band (MWF) - All Year**
- **Choir (TTH), Speech (TTH) - 1 Semester Each**
- **English**
- **Science**
- **IAP**
- **Social Studies**
- **Math**

Supply List

- Calculator: TI-30XIIS*
- 3 x 3 or smaller Post-it notes
- Headphones/Earbuds
- Composition notebook
- Wireless Mouse *
- Pencils
- Erasers
- 9x12 Sketchbook (98lb paper wire bound)
- Blue, Black, Red Pens
- Highlighters
- One folder for each class in a binder *
- Book covers (paper preferred)
- Notebooks
- PE: Clothes, Shoes, Bag, Shower Supplies *, Towel

* = not required, but suggested

Save the Dates...

August 8 -- Activity Fair & Open House @ 5:30pm

August 10--First day of school - 1:00pm Early Dismissal

Required Forms

All 7th grade students are required to have a [physical](#).

All 7-12th grade students wanting to participate in school athletics must complete a [physical](#) (after May 1st) **and** a [NSAA Student and Parent Consent form](#) **each school year** before participation.

All 7-12th grade students wanting to participate in school activities must complete a [NSAA Student and Parent Consent form](#) **each school year** before participation.

Student Handbook and Activities Handbook will be available by August 1st. All students and parents are required to submit the Agreement Forms.

Proof of health insurance is required by all 7-12th grade students

Questions - Contact the High School office
at 402 988-2525 ext. 100 or
vosterhaus@freemanschools.net

